



# JOURNEY TO WHOLENESS

## 7<sup>TH</sup> ANNUAL ABUSE SURVIVORS ART SHOW

AN ART EXHIBIT SHOWCASING THE HEALING JOURNEYS OF SURVIVORS  
OF TRAUMA AND ABUSE

JUNE 2<sup>ND</sup> - JULY 4<sup>TH</sup>, 2017

**OPENING RECEPTION 6-9 PM**

SOZO COFFEEHOUSE

**FRIDAY, JUNE 2, 2017**

1314 JONES ST. OMAHA

### WORKSHOPS

❖ **Creative Self-Discovery Through Expressive Arts**

Engage in an expressive arts based creative process including visual art, creative writing, and mindfulness practices.

**Betsy Funk LIMHP LCSW MPA – Expressive Arts  
Therapist**

**Saturday June 10, 1-3PM**

❖ **Recovering from Trauma**

Your healing journey, what to prepare for and what to pack.

**Ellie Fields LPC LMHP**

**Saturday June 24, 10:30-11:30 AM**

❖ **Escaping Trauma's Lies**

Uncovering the lies told by trauma and replacing them with the empowering truth.

**Dana Herr LMHP LPC**

**Saturday June 17, 10:30-11:30 AM**

❖ **Self Soothing through Fiber Arts**

Discuss coping skills and safety methods while producing a comforting fiber arts piece (participants must feel comfortable with simple hand stitching).

**Christine Hennig MA LMHP ATR**

**Saturday June 24, 1-3 PM**

Thank you to our Sponsors



BODYWISE THERAPY



THE ATTACHMENT  
AND TRAUMA CENTER  
OF NEBRASKA

For questions call Kathleen Keller at (402) 657-8693